

North Cumbria GP Training Programme
Spring 2018 Regional Teaching Programme

West Cumbria area

Wednesday afternoons, 14.00-17.00

****Unless otherwise stated, please note that all sessions will take place in the SAMUEL LINDOW BUILDING, this is the NEW VENUE for the training scheme, the full address is given below****

Address:

School of Medicine UCLan, West Cumberland Medical Education Centre, The Samuel Lindow Building, Westlakes Science and Technology Park, Cumbria CA24 3JY

10 January Palliative Care Update

Dr Tim Sowton, GP Seascale with a special interest in palliative care & TPD North Cumbria GP Training Scheme

17 January Dermatology: Common Skin Problems in Primary Care

Dr Fayyaz Chaudri GPwSI Dermatology, Clinical Lead in Dermatology for Cumbria Medical Services

**Please note that this session will take place at Workington Cricket Club, Workington CA14 3AN. Lunch will be served from 1pm and the teaching session starts at 1.45pm.*

24 January Resuscitation update

Emma Thompson, Resuscitation Officer West Cumberland Hospital Whitehaven

- 31 January Physical Activity For Health
Dr Juliet McGratton, GP & Public Health England Lead Clinical Champion for Physical Activity
- 7 February To boldly go.... the brave new world of GP practice!
Dr Eve Miles GP Seascale Health Centre and ex-GP registrar North Cumbria GP Training Scheme
- 14 February Half term
- 21 February Half Term
- 28 February Breaking bad news
Dr Tim Sowton & Dr Vicky Jay, GPs and GP Trainers, Cumbria
- 7 March GP Registrar session – presentation and discussion of interesting cases with learning points.
Dr Tim Sowton, TPD North Cumbria GP Training Scheme
- 14 March Mountain Medicine
Dr Mark Steel, GP Maryport and Member of Cockermouth Mountain Rescue Team
**Please note that this session will take place at the Cockermouth Mountain Rescue Team base, Station Road, Cockermouth Cumbria CA13 3AE*
- 21 March Communication skills update – practice session with actors
Dr Tim Sowton & Dr Eric Bater TPDs North Lakes GP Training Program
- 28 March Narrative based medicine
Dr Peter Appleton GP & GP Trainer, Oxfordshire